

# MONTHLY PARENT WORKSHOP SERIES



DEPARTMENT OF  
COMMUNITY &  
HUMAN SERVICES



Discover practical, positive parenting strategies in our new monthly workshop series based on the STEP (Systematic Training for Effective Parenting) for Young Children Under Six book.

*Books are available **free of charge** for families,  
please visit the Early Childhood offices at  
**4850 Mark Center Drive, 6<sup>th</sup> floor***

**UNDERSTAND  
CHILD  
BEHAVIOR**



**BUILD  
STRONGER  
CONNECTIONS**



**SUPPORT  
HEALTHY  
DEVELOPMENT**

**Session 1:** Monday, December 22  
**Time:** 12:30-2 p.m. via Zoom

**REGISTER HERE**

*These workshops are open to caregivers of children between  
0 to 5 years old living in the City of Alexandria.*